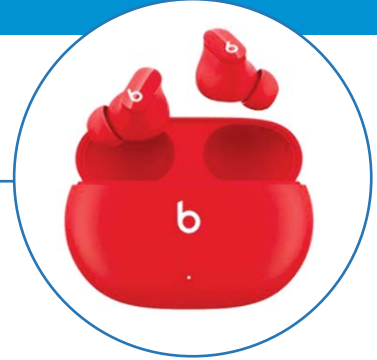


Take Good Care: *Fitness for You!*

This fitness class is **FREE** to the public.
Arkansas Blue Cross members and nonmembers are welcome.

Attendees can register to win a pair of
Beats Bluetooth Headphones.

Attendees can register a second time for bringing a friend.
Winner announced on June 8th.



Dates

1/13 ■ 2/10 ■ 3/09 ■ 4/13 ■ 5/11 ■ 6/8 ■ 7/13 ■ 8/10
■ 9/14 ■ 10/12 ■ 11/09 ■ 12/14



Time

10:00 a.m.



Location

Rogers ArkansasBlue
Welcome Center
4602 W. Walnut St



Instructor

Crystal Stratis
Owner of Garage Rats

arkansas blue  



RSVP today by scanning the QR code
or calling 479-973-6675!

